

A Gift From Florence Riford

The La Jolla Community Center Senior Express is made possible by a grant from the Florence Riford Transportation Fund.



Florence Riford was a Philanthropist who left many gifts to the greater La Jolla area, one being the Transportation Fund for the La Jolla Community Center.

Florence wanted to provide a transportation service meant to enhance the quality of life of the senior and handicapped population in La Jolla. This service was also meant to enable seniors and the handicapped to more readily access programs and services provided by the LJCC as well as to meet their business, recreational and social needs within the greater community of La Jolla.

About The San Diego Foundation

The Florence Riford Transportation Fund is managed by The San Diego Foundation.

The mission of The San Diego Foundation is to improve the quality of life in all of our communities by providing leadership for effective philanthropy that builds enduring assets and by promoting community solutions through research, convenings and actions that advance the common good.



*Preserve the Past
Protect What's Good
Create a Better Future*

About the LJCC

The La Jolla Community Center's mission is to provide programs and services that promote lifelong learning, wellness and friendship.



A few blocks from the Pacific Ocean, the LJCC is a unique membership club in the village of La Jolla where over 15,000 people visit each year. It is a welcoming place for seniors in La Jolla to participate in fitness, learning, enrichment and social activities.

At the LJCC, we are sure to have a class that's perfect for you.

With a variety of classes ranging from iPad and iPhone classes, language, writing, zumba, yoga and so much more, there is definitely something here for you!

See our current newsletter for available classes

Join and Participate!

- Individual Membership \$120/year
- Dual Membership \$200/year

LJCC (858) 459-0831

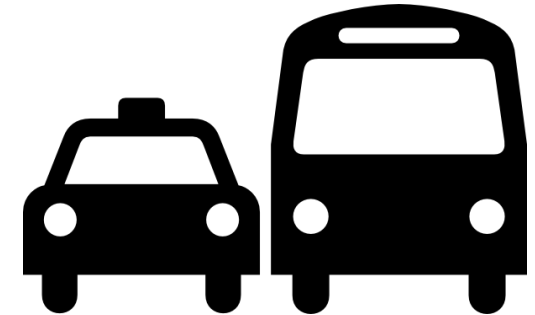


LA JOLLA COMMUNITY CENTER

Be Part of It!

La Jolla Community Center Senior Express

A Transportation Program
for Seniors



Safe · Affordable · Convenient

More than just a ride...

Independence
Community Connection
Mobility

Book a ride today!

(858) 337-0275

6811 La Jolla Boulevard
La Jolla, CA 92037
www.ljcommunitycenter.org

About the LJCC Senior Express

The **La Jolla Community Center Senior Express** is a transportation program specifically designed by the La Jolla Community Center to provide safe, affordable and convenient transportation in La Jolla to assist in meeting the business, recreational and social needs of Seniors and the handicapped.

Service Area & Eligibility Guidelines

1. Transportation Services are restricted to serving Seniors in the La Jolla geographical area.
2. Services are available to Members and Non-Members of the LJCC, however, discounts on services are available to LJCC Members.
3. 72 hours (3 days) required to book a ride.
4. 48 hours required to make a time change and/or cancellation. **fee may apply*
5. Rides are free for LJCC Members - Max 3 roundtrips a week) \$10 charge may apply for 4th or more trips.
6. \$10 per round trip for LJCC Non-Members.
7. Hours of Operation: Mon-Sat 8am-10pm, No Sundays.

**rates are subject to change*



**Reserve Your Ride Today
(858) 337-0275**

Excursions & Services

- **Recreational Excursions**
Excursions to restaurants, theaters and shopping in the greater La Jolla Area (Departing from the LJCC)
- **Evening Events Shuttles**
Shuttle Roundtrip Transportation to LJCC evening events (pick up locations vary within the LJ Village)
- **Individual Transportation**
Door-to-Door transportation within the La Jolla area

**Reserve Your Ride Today
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Also try *On the Go* Transportation as a Transportation Alternative

On the Go Transportation Solutions for Older Adults offers various transportation programs including **Rides & Smiles**.

Rides & Smiles provides individual transportation to necessary personal and medical appointments.

Reserve Your Ride Today! (858) 637-7320



Did You Know...

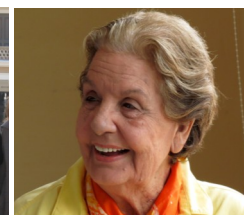
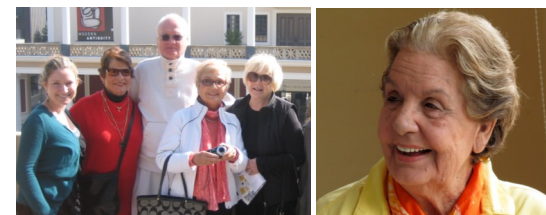
Individuals age 60 years and older represent the fastest growing segment of San Diego County's population, with the number of residents expected to more than double by 2030?

The lack of easy, accessible, and affordable transportation for seniors is a problem recognized at the national, state, and local levels.

Compared with those who still drive, older non-drivers make 15% fewer trips to the doctor, 59% fewer shopping trips and visits to restaurants, and 65% fewer trips for social, family, and religious activities

-American Public Transportation Association

The LJCC Senior Express is more than just a ride...
Independence
Community Connection
Mobility



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**La Jolla Community Center
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