

Mon	Tue	Wed	Thu	Fri	Sat
EVERY MONDAY 10:30am Movie Club: Musical Mondays 10:45am Functional Flow	EVERY TUESDAY 8:15am Zumba 10am Silver Age Yoga 10:30am French Conversation 12:30pm Yoga for Healthy Living	EVERY WEDNESDAY 9am Svaroopaa Yoga 11am Deep Yoga Flow 12:30pm Social Bridge 1:30pm International Movie Club	EVERY THURSDAY 9am Silver Age Yoga 10:15am Chair Yoga 1:30pm iPad & iPhone Class	EVERY FRIDAY 8:30am Zumba 11:15am Kundalini Yoga	EVERY SATURDAY 9am Ashtanga Flow Yoga 10:25am Jazz Dance 11:30am Deep Yoga Flow 2:30pm Svaroopaa Yoga
	1 11:30am Cooking with Phillis Carey 2pm Spanish Conv & Int	2	3	4 10:30am Paint the Masters! 11am Ukulele Class	5 10am Art Class with Live Model: Uninstructed 6:30pm Noche Latina: Dinner & Dance
7 10:30am How to Start A Painting - Art Class	8 2pm Spanish Conv & Int 2:30pm Social Scrabble Game	9 7pm Opera Wednesdays	10 10am Bridge Level I Review 7pm "Camia" CD Release Concert	11 10:30am Paint the Masters! 11am Ukulele Class	12 10am Art Class with Live Model: Uninstructed 4pm Daytime Dreams: Art Reception
14 10:30am How to Start A Painting - Art Class	15 11:30am Cooking with Phillis Carey 2pm Spanish Conv & Int	16 11am Café Social: A Social Gathering for Seniors	17 10am Bridge Level I Review 11:30am Lunch & Learn: Medicare 101	18 10:30am Paint the Masters! 11am Ukulele Class 7pm Salvador Padilla en Concierto	19 10am Art Class with Live Model: Uninstructed
21 10:30am How to Start A Painting - Art Class	22 2pm Spanish Conv & Int 2:30pm Social Scrabble Game	23 11:30am Lunch Bunch Group	24 10am Bridge Level I Review	25 10:30am Paint the Masters! 11am Ukulele Class 7pm Fourth Friday Jazz Series: Not Your Typical Standards ft. Jonathan Karrant, Joshua White & Justin Grinell	26 10am Art Class with Live Model: Uninstructed
28 10:30am How to Start A Painting - Art Class	29 2pm Spanish Conv & Int 6pm Walking In Your Parents' Shoes: An Interactive Workshop	30 8am Day Trip: The Broad Museum, Los Angeles	31 10am Bridge Level I Review		

Interested in a program? Please Register (858) 459-0831
Registration is required. Classes may be canceled if there is not a minimum number of participants registered for a program.
**Please see class descriptions for canceled classes*

Like us on facebook! www.facebook.com/ljcommunitycenter



Not a Member? Join today!
Individuals \$120/year Dual/Couples \$200/year

Hours of Operation: Monday-Friday: 9am-5pm
Saturday: Open only for scheduled classes and special events